

# The Art of Life Long Learning

Results of the Grundtvig Multilateral-Project  
“Identity and Difference: Creative Artistic Exercises  
as Didactic Support in Adult Education (ARTID)”

## The ARTID-Project

# “Identity and Difference: Creative Artistic Exercises as Didactic Support in Adult Education”

- Multilateral Grundtvig Project
- Duration: November 2008 - October 2010
- 6 Partners from 5 Countries
- Funded by the European Commission within the Life Long Learning Program

## The ARTID-Project

### Objectives of the Project:

Methodological Advancement of adult education:

- examine the potential of and the necessary conditions for the application of artistic exercises in adult education

Thematic frame: *Identity and Difference*

- experience helping adults, to see cultural diversity as an opportunity and enrichment

## The ARTID-Project

### Results

- Tested and optimized Workshop concepts for different target groups focusing on different aspects of “Identity and Difference”
- Conclusions about the potential of and necessary conditions for artistic activities as didactic support in adult education
- The publication of a Handbook on Artistic Activities in Adult Education

## The ARTID-Project

### Partners:

- Akademie Anthroposophische Erwachsenenbildung, Vienna, Austria
- Alanus Werkhaus, Alfter bei Bonn, Germany
- Alytaus Muzikos Mokykla, Alytus, Lithuania
- EUROB - Associazione per la pedagogia Waldorf, Bozen, Italy
- GAB München, München, Germany
- The Playhouse, Derry / Londonderry, Northern-Ireland

## The ARTID-Project

### Thematic Focus of Workshops:

- Alanus Werkhaus: **Biographical Identity and Migration**  
(April 2009 / Feb. 2010)
- Alytus Musik School: **Integration of people with different abilities applying traditional arts** (Mai 2009 / March 2010)
- EUROB: **Integration and Assimilation of German, Italian and Ladinian Culture**  
(June 2009/ Dez. 2009 - March 2010)

## The ARTID-Project

### Thematic Focus of Workshops:

- The Playhouse: Building empathy, understanding & reconciliation between Protestant / Catholic, Unionist / Nationalist (Sept. 2009 / May 2010)
- Akademie Anthroposophische Erwachsenenbildung: Intergenerational exchange and learning (Nov. 2009 / Feb. 2010)
- GAB München: Coordination and Evaluation

## Approaches for the application of artistic exercises

### Variety of Methodological Approaches

- Using the impact of artwork on the audience and the performers
- Translating social and personal issues into an artistic exercise and by that creating space for experience
- Using the integrating power of shared artistic activities
- Training artistic competencies as precondition for dealing with social challenges
- Using Art as a means to investigate human life-situations

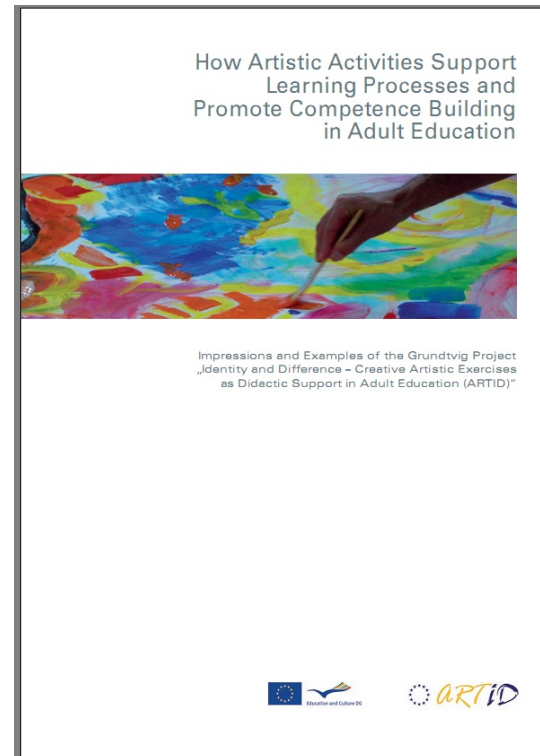


## Approaches for the application of artistic exercises

# Variety of Methodological Approaches

For further information:

<http://www.art-in-adult-education.net>





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## Potential of Artistic Exercises

### Enhancement of Self-Expression

- Support of self-expression by non-verbal means
- Enhances the possibilities of telling something about oneself, where language fails

### Promotion of perception and awareness

- Dealing with the world in an artistic way brings on new perspectives and perceptions
- Helps to develop “an eye for” for qualities, unseen and surprising aspects



## Potential of Artistic Exercises

### Open up to Experience

- Promote experience-based approaches on topics
- Make emotional and non-cognitive aspects accessible

### Experimentation on a different level:

- Confrontation with known aspects in a completely new setting / material / level.
- Opens up the possibility to experiment with new ways of acting in a secured space
- Learning path: Do / Experience /Recognize

## Potential of Artistic Exercises

### Going beyond stereotypes:

- Challenging dea-locked patterns of thinking and perceiving
- Focus on a more holistic understanding of qualities
- Open up space for dealing with complexity

### Facilitate Social Experiences

- Facilitates the possibility of expressing and exchanging personal feelings, points of view and thoughts which normally stay “subjective”
- Social interaction in a nutshell: initiative and tolerance
- Artistic Principles as guidelines for “shaping” social situations



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Summary:

## Artistic activities in adult education....:

- have the potential, to make complex human situations and constellations expressible and perceptual in a more holistic way
- create spaces for experience and experiments
- by that stimulate self-guided learning processes suitable for adult learning
- train the aesthetic and social perception
- open possibilities for intersubjective social interaction and integration
- facilitate creative principles for dealing with social and individual challenges
- by all that are especially fruitful with respect to Workshops which personal development and social questions.





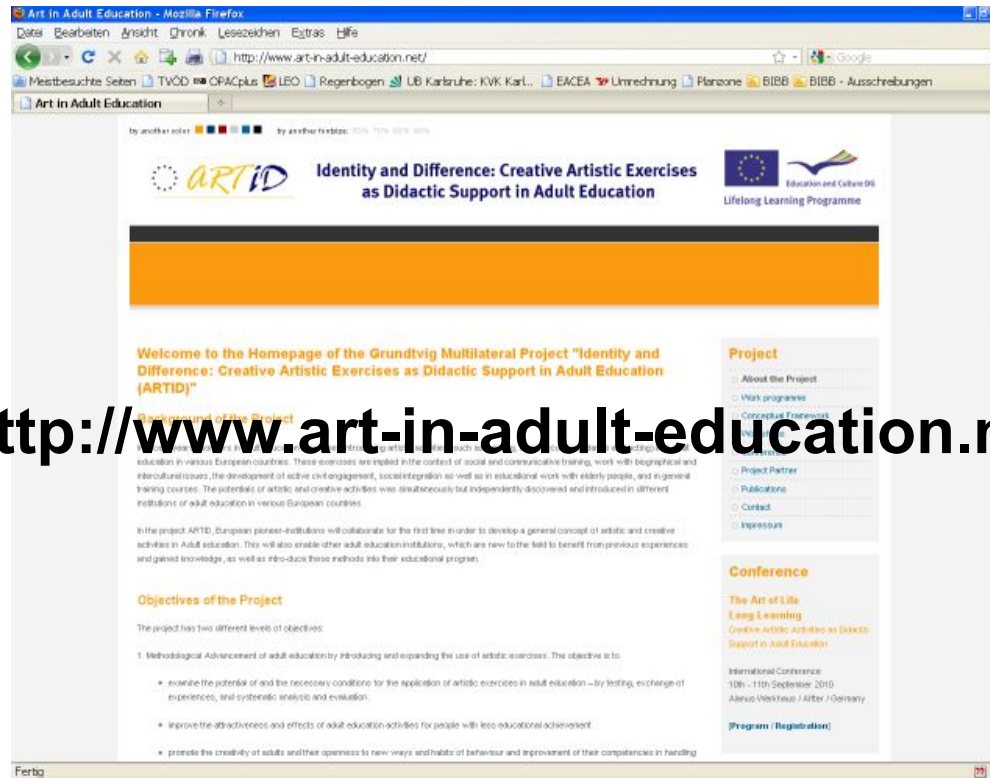
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## Want to know more?



<http://www.art-in-adult-education.net>



Alytaus Muzikos Mokykla



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